

Überblick Intermediate-Advanced 1

Kursleiter: Markus Berghahn & Paula Appenzeller
Ort: Club Silbando, Förrlibuckstrasse 62, 8005 Zürich
Uhrzeit: 18:30 – 20:00



Tag	Datum	Thematischer Schwerpunkt	Inhalt
1	21.01.2024	Basic Figures	Basic Figures in 6 counts and 8 counts Change 6 count figures into 8 count figures
2	28.01.2024	Lead & Follow	Position of leaders and followers, change of position Timing of the lead, Body-/ Armlead
3	18.02.2024	Musicality / Interpretation	Different dynamics of a song Different moods of a song
4	25.02.2024	Dance Technique / Basic Dancing	Technique: Emphasizing and floor contact time Timing of the steps: on the beat, before the beat, after the beat
5	17.03.2024	Back to Back	Technique Back to back variations
6	24.03.2024	Dance Performance	Facial and body expression, fun factor Execution: easy, relaxed and smooth